

SEPTEMBER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 SCRIMMAGE AWAY @ FITCH HIGH SCHOOL 6:00 PM	2 OFF
3 PRACTICE V/JV/F 12-2pm	4 Labor Day PRACTICE V/JV/F 8:30am - 10:45am	5 PRACTICE V/JV 3:30 – 6pm FRESHMEN 3- 5:30pm	6 PRACTICE V/JV 3:30 – 6pm FRESHMEN 3pm- 5:30pm	7 PRACTICE V/JV 3:30 – 6pm Freshmen AWAY @ Newtown 4:00 PM	8 VARSITY AWAY @ NEWTOWN 7:00 PM	9 TBD
10 V/JV/F 11:00am - 12:30pm	11 JV HOME vs. Newtown 4:00 PM Practice: TBD	12 PRACTICE V/JV 3:30 – 6pm FRESHMEN 3- 5:30pm	13 PRACTICE V/JV 3:30 – 6pm FRESHMEN 3-5:30pm	14 VARSITY HOME vs. WESTHILL 3:30 PM	15 TBD	16 TBD
17	18 JV AWAY @ Westhill 4:00 PM Practice: TBD	19 PRACTICE V/JV 3:30 – 6pm FRESHMEN 3- 5:30pm	20 PRACTICE V/JV 3:30 – 6pm FRESHMEN 3-5:30pm	21 PRACTICE V/JV 3:30 – 6pm Freshmen AWAY @ NDWH 4:00 PM	22 PRACTICE V/JV 3:30 – 6pm FRESHMEN 3-5:30pm	23 VARSITY HOME vs. NDWH 1:30 PM
24	25 JV AWAY @ NDWH 3:45 PM Practice: Freshmen 3-5:30pm	26 PRACTICE V/JV 3:30 – 6pm FRESHMEN 3- 5:30pm	27 PRACTICE V/JV 3:30 – 6pm FRESHMEN 3-5:30pm	28 PRACTICE V/JV 3:30 – 6pm Freshmen HOME vs Ridgefield 4:00 PM	29 PRACTICE V/JV 3:30 – 6pm FRESHMEN 3-5:30pm	30 VARSITY AWAY @ STAMFORD 12:00 PM

NOTE: PRACTICE SCHEDULE SUBJECT TO CHANGE – PLAYERS WILL BE ALERTED BY THE COACHES AND/OR CAPTAINS AS NEEDED!!

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UPDATED AUG 29, 2023

OCTOBER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 <i>JV HOME v Stamford 4:30 PM</i>	3 PRACTICE V/JV 3:30 – 6pm FRESHMEN 3-5:30pm	4 PRACTICE V/JV 3:30 – 6pm FRESHMEN 3-5:30pm	5 PRACTICE V/JV 3:30 – 6pm <i>Freshmen HOME vs Masuk 3:15 PM</i>	6 PRACTICE V/JV 3:30 – 6pm FRESHMEN 3-5:30pm	7 <i>Varsity HOME vs. NEW CANAAN 1:30 PM - HOMECOMING</i>
8	9 <i>JV AWAY @ New Canaan 4:00 PM</i> Practice: Freshmen 3-5:30pm	10 PRACTICE V/JV 3:30 – 6pm FRESHMEN 3-5:30pm	11 PRACTICE V/JV 3:30 – 6pm FRESHMEN 3-5:30pm	12 PRACTICE V/JV 3:30 – 6pm <i>Freshmen AWAY @ Greenwich 4:30 PM</i>	13 Practice: Freshmen 3-5:30pm	14 BYE WEEK PRACTICE 9:00 – 11:00
15	16 PRACTICE V/JV 3:30 – 6pm FRESHMEN 3-5:30pm	17 PRACTICE V/JV 3:30 – 6pm FRESHMEN 3-5:30pm	18 PRACTICE V/JV 3:30 – 6pm FRESHMEN 3-5:30pm	19 PRACTICE V/JV 3:30 – 6pm <i>Freshmen HOME Vs Norwalk 4:00 PM</i>	20 <i>Varsity AWAY @ RIDGEFIELD 7:00 PM</i> Practice: Freshmen 3-5:30pm	21 TBD
22	23 PRACTICE V/JV 3:30 – 6pm FRESHMEN 3-5:30pm <i>JV HOME vs. Ridgefield 4:00 PM</i>	24 PRACTICE V/JV 3:30 – 6pm FRESHMEN 3-5:30pm	25 PRACTICE V/JV 3:30 – 6pm FRESHMEN 3-5:30pm	26 PRACTICE V/JV 3:30 – 6pm <i>Freshmen HOME Vs Staples 4:00 PM</i>	27 PRACTICE V/JV 3:30 – 6pm FRESHMEN 3-5:30pm	28 <i>Varsity HOME vs. GREENWICH 1:30 PM</i>
29	30 <i>JV AWAY @ Greenwich 4:30 PM</i> Practice: TBD	31 PRACTICE V/JV 3:30 – 6pm FRESHMEN 3-5:30pm				

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NOVEMBER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 PRACTICE V/JV 3:00 – 6pm FRESHMEN 3-5:30pm	2 PRACTICE V/JV 3:00 – 6pm <i>Freshmen AWAY @ Wilton 4:30PM</i>	3 PRACTICE V/JV 3:00 – 6pm FRESHMEN 3-5:30pm	4 Varsity HOME vs DANBURY 1:30 PM
5	6 <i>JV AWAY @ Danbury 5:00 PM</i> Practice: TBD	7 PRACTICE V/JV 3:00 – 6pm FRESHMEN 3-5:30pm	8 PRACTICE V/JV 3:00 – 6pm FRESHMEN 3-5:30pm	9 PRACTICE V/JV 3:00 – 6pm <i>Freshmen AWAY @ Trumbull 5:30PM</i>	10 Varsity AWAY @ STAPLES 7:00 PM Practice: Freshmen 3-5:30pm	11 TBD
12	13 <i>FILM STUDY</i> <i>JV HOME vs. Staples 4:00PM</i>	14 <i>FILM STUDY</i> Practice: Freshmen 3-5:30pm	15 PRACTICE V/JV 3:00 – 6pm FRESHMEN 3-5:30pm	16 PRACTICE V/JV 3:00 – 6pm FRESHMEN 3-5:30pm	17 PRACTICE V/JV 3:00 – 6pm FRESHMEN 3-5:30pm	18 PRACTICE V/JV 9-11am
19 PRACTICE V/JV 9-11am	20 PRACTICE v/JV 3pm - 6pm <i>JV HOME v Trumbull 4:00 PM</i> Freshmen 3-5:30	21 PRACTICE V/JV 3 - 6pm FRESHMEN 3-5:30pm	22 PRACTICE V/JV 3 - 6pm FRESHMEN 3-5:30pm	23 Thanksgiving Varsity AWAY @ TRUMBULL 10:00 AM	24 PRACTICE TBD	25 PRACTICE TBD
26 PRACTICE TBD	27 PRACTICE V/JV 3:00 – 6pm	28 STATES 1ST ROUND	29 PRACTICE TBD	30 PRACTICE TBD		

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DECEMBER

<i>SUNDAY</i>	<i>MONDAY</i>	<i>TUESDAY</i>	<i>WEDNESDAY</i>	<i>THURSDAY</i>	<i>FRIDAY</i>	<i>SATURDAY</i>
					1 PRACTICE TBD	2 STATES SEMI-FINALS
3	4 PRACTICE TBD	5 PRACTICE TBD	6 PRACTICE TBD	7 PRACTICE TBD	8 PRACTICE TBD	9 STATES CHAMPIONSHIPS
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24/31	25	26	27	28	29	30

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